

Living Past Masters

Robert J. Flynn	1958
Malcolm B. Wernik, PGM	1961
Kenneth L. Larsen, PGM	1963
Robert R. Heath	1970
Carl F. Wheeler PGMAR	1970*
Howard S. Schneiweis	1971*
Mitchell J. Flaster	1972*
Philip C. Gibbs	1979
William C. Nann	1986
Paul J. Reed II	1988
Richard A. Egan	1990
Stephen J. Hornak Jr. PDRI	1991
Eugene C. Conner	1992
David W. Jones PGC	1994
Hugh Murphy Jr. PGC	1995
Rohinton F. Cama	1996
Andrew H. Zagoren	1998
John W. Friedline	1999
Ralph A. Nielsen PDRI	2000 & 2001
Kenneth A. Landau	2002
Glenn C. Eckert	2003 & 2006
Stephen R. Dovidas	2005
Robert J. Krumm PGC	2007
Michael F. Firkser PDDGM	2008 & 2009*
Douglas H. Mount	2008
William Billich PGC	2009
James Iacone	2010
Norman P. Thime	2011
Stephen J. Kedmenec	2012
C. John Lashley DRI	2013
Michael Emerson	2014*
Isidoro Garcia	2014 & 2015
Cristian A. Ossa GC	2016
Raymond Ortiz II	2017
John Sigismondi	2018 & 2019*
Lou Gendron	2018*
Howard J. Stevenson PGC	1997, 2004 & 2018
Ernest Bagley	2019

* - Master in an affiliated Lodge.



Grand Master of Masons of the State of NJ

MW Gregory J. Scott 362 Avenue A Bayonne, NJ 07002
201-858-4521 GregoryGJS362@gmail.com

District Deputy Grand Master of the 10th Masonic Dist.

RW Ronald A. Murad 197 North Martine Ave. Fanwood NJ 07023
908-499-1749 ronmurad@hotmail.com

District Ritual Instructor – RW C. John Lashley 69 Hickory St.

Metuchen NJ 08840 732-662-4831 cjohnlash@gmail.com

Central NJ Dist. Rep., MSA Visitation

Jim Cairns (732)801-7888 jlcairns@comcast.net

LODGE TRUSTEES

George Matthes – 2019
Joseph Valenzuela – 2020
Ray Ortiz II PM - 2021

TEMPLE BOARD

Jim Iacone PM – 2019
Isidoro Garcia PM – 2020
Howard Stevenson PGC - 2021

STANDING COMMITTEES:

Finance

Senior Warden*
Junior Warden
Senior Deacon

Visiting & Relief

W. Billich PGC*
Senior Warden
Junior Warden

Auditing

R. Ortiz II PM
B. Collier

Lodge Ritual Instruction

Howard J. Stevenson, PGC

AD HOC COMITTEES:

Blood Bank

G. Matthes*

Level Club

I. Garcia PM*
R. Krumm PGC
J. Iacone PM
G. Mehra
JR Almerino
B. Nayyar
R. Ortiz II PM
J. Nalepa

Outreach Committee

R. Windisch*

Technology Committee

N. Sathi*

Event Planning

R. Fortuna*

Charity Committee

G. Georgian*

OFFICERS – 2019

Worshipful Master – Ernest Bagley PM
2438 Edward Stec Blvd. Edison, NJ 08837
(732)735-3556 ernest.bagley@gmail.com

Senior Warden – Robert Windisch
(732)205-4982 winman246@yahoo.com

Junior Warden - JR Almerino
(732)829-2579 JRalmerino@aol.com

Treasurer – Norman Thime PM
20 Piersoll Rd. Old Bridge, NJ 08857
(732)723-0355 npthime@yahoo.com

Secretary – James J. Iacone PM
26 Peru St. Edison, NJ 08820
(732)910-5782 meda1047@aol.com

Chaplain – Howard, J. Stevenson PGC
(732)672-3293 howiej458@gmail.com

Senior Deacon – Raymond Fortuna
(732)767-0621 2fortuna@hotmail.com

Junior Deacon – Charles Gibardi
(732)476-0579 glarc198@gmail.com

Sr. MC – George Matthes
(201)681-3848 gmatthes@gmail.com

Jr. MC – Ricardo Calo Rodriguez
(939)218-3212 v.calol@yahoo.com

Sr. Steward – Neel Sathi
(732)379-9132 neelsathi@gmail.com

Jr. Steward – Gabriel Georgian
(908)421-2047 gabrielgeorgian@gmail.com

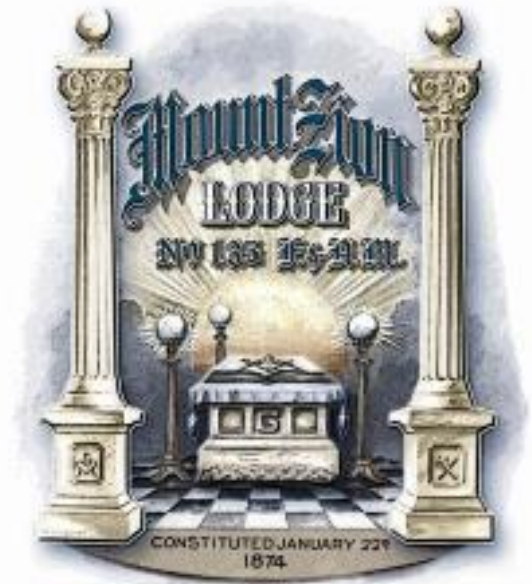
Marshal – Girish Mehra
(908)342-9646 girish_mehra@aol.com

Organist – Darryl Kuebler PDDGM
(732)735-2097 allprosvcl@aol.com

Historian – Ben Nayyar
(732)744-6667 Nayyarben@gmail.com

Tyler - Douglas Mount PM
(908)331-0429 mount1@aol.com

Proxy to Grand Lodge – Raymond Fortuna



Mt. Zion Lodge #135 F&AM

Stated Meetings: 1st & 3rd Thursdays @ 7:30 pm.

483 Middlesex Avenue
Metuchen, NJ 08840
<http://mtzion135.org>

MAY 2019

*Chairman



Brethren:

I hope this message finds each and every one of you well! This month I would like to discuss the topic of discipline. While too many,

discipline is a word associated with sacrifice, self-deprivation, or even pain. I would like to suggest it is quite the opposite. Discipline is the key to happiness! I know initially that may seem counterintuitive to some. After all what fun is it to diet? Wouldn't that slice of cake make me happy? Where is the happiness in waking up early or following through on a commitment we have made? Happiness lies in the fact that by being disciplined, we tend to put ourselves in more situations where we will succeed and less in which we may fail. It leads us to expose ourselves to fewer scenarios that may evoke the cravings and associated feelings of loss. After all, how great is that feeling of accomplishing a goal we have set for ourselves?

In the beginning becoming more disciplined in any area may seem to be difficult and tedious. But rest assured, with time and practice it only becomes easier. Discipline is a muscle! And the more we work that muscle, the stronger it gets and the easier the process becomes! Do not underestimate the power of habit. Start with something small and manageable and build from there. I would suggest the following as a simple way to get started. Establish a simple morning routine. Stop hitting the snooze button, and get up as soon as the alarm goes off. Go straight to kitchen and have a glass of water. Do some light stretching or exercise. Review your goals for the day and establish a plan to accomplish them.

We may not be able to lift 300lbs now, but if we start with the 10lb dumbbells and are consistent in our efforts we will surely get there!!

Fraternally,
Ernest Bagley
Worshipful Master

Awaiting FC Degree
Giovanni Giornalista
Cesar P. Lopes
Daniel Hemhauser
Shawn Rapach
Awaiting EA Degree
Leon I. Haller
Cristian E. Ossa
Morgan M. Browning

MASONIC TEMPLE DATES:

MT. ZION LODGE #135 F&AM:

5/2 - Lodge – Dinner 6:30 PM & Meeting 7:30 PM. Discussion on the meaning/symbolism of the EA working tools.

5/5 – Cinco de Mayo Party @ 1 PM.

5/9 – Rehearsal @ 6:30 PM.

5/16 - Lodge – Dinner 6:30 PM & Meeting 7:30 PM. Gold Token Night. (formal)

5/23 - Rehearsal @ 6:30 PM.

5/27 – Metuchen Memorial Day Parade @ 9 AM.

5/30 – EA Degree @ 6:30 PM. Lafayette Lodge #27 will participate.

OTHER GROUPS:

OES – 1st & 3rd Tuesdays
DeMolay – 2nd & 4th Tuesdays
Rainbow – 1st & 3rd Fridays
Edison Square Club – 2nd Monday
Scots – 4th Monday



IMPORTANT DATES – 10th DISTRICT:

DLI – Loyalty Lodge #33
Wednesday May 22nd.



GRAND LODGE EVENTS:

MEMBERSHIP RETENTION WORKSHOP

Saturday May 11th 2019 @ 9 AM.

Fellowship Center, Burlington, NJ.

Business Casual. RSVP: RW Arjit Mahal at

ASM.MAHAL@GMAIL.COM.

WHEELCHAIR TRACK & FIELD MEET

June 8th – 7:30 AM to 4 PM.

June 9th – 7 AM to 3 PM.

North Brunswick High School

98 Raider Road North Brunswick, NJ

The 10th Masonic District

Atlas Pythagoras #10

1101 Central Avenue
Westfield, NJ 07090
1st & 3rd Fridays @ 7:30

Azure Masada #22

478 South Ave. East
Cranford, NJ 07016
1st & 3rd Mondays @ 7:30

Jerusalem #26

107 East 7th Street
Plainfield, NJ 07060
1st Tuesday @ 7:30

Lafayette #27

1550 Irving Street
Rahway, NJ 07065
2nd Friday @ 7:30

Loyalty #33

1912 Morris Ave.
Union, NJ 07083
1st & 3rd Tuesdays @ 7:30

Mt. Zion #135

483 Middlesex Ave.
Metuchen, NJ 08540
1st & 3rd Thursdays @ 7:30

Theodore Roosevelt #219

86 Elm Street
Carteret, NJ 07008
2nd & 4th Mondays @ 7:30